

BODILY / KINESTHETIC – Body Smart

- ✓ Co-ordination
- ✓ Balance and body control
- ✓ Flexibility
- ✓ Hand-eye coordination
- ✓ Motor control and manual dexterity
- ✓ Enjoy creating things with your hands
- ✓ Learn by doing, rather than hearing or seeing



INTERPERSONAL – People Smart

- ✓ Verbal and non-verbal communication skills
- ✓ Co-operative
- ✓ Positive relationships with others
- ✓ Resolve conflicts
- ✓ Empathise
- ✓ See things from other people's perspective
- ✓ Learn well by working with others and problem solving in groups



VERBAL LINGUISTIC- Word Smart

- ✓ Use words well in writing and speaking
- ✓ Remember written and spoken information
- ✓ Persuasive
- ✓ Explain things well
- ✓ Good at languages
- ✓ Use humour when telling stories
- ✓ Learn well by reading, writing, and debating



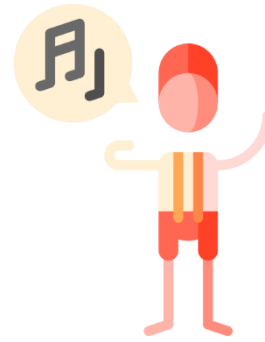
LOGICAL / MATHEMATICAL - Logic Smart

- ✓ Good with numbers
- ✓ Reasoning
- ✓ Recognise patterns
- ✓ Use logic to analyse problems
- ✓ Problem solving
- ✓ Like scientific experiments
- ✓ Learn well by using graphs, timelines, lists, pros and cons



MUSICAL – Music Smart

- ✓ Rhythm
- ✓ Create meaning from sounds
- ✓ Remember songs and tunes
- ✓ Think in patterns, rhythms, and sounds
- ✓ Enjoy singing and playing music
- ✓ Recognise musical patterns and tones
- ✓ Learn well by connecting music to knowledge



NATURALISTIC – Nature Smart

- ✓ Care for the environment
- ✓ Enjoy being outdoors
- ✓ Inspired and rejuvenated by nature
- ✓ Interested In exploring the environment
- ✓ Interact well with animals
- ✓ Like growing things
- ✓ Observe differences and patterns in surroundings



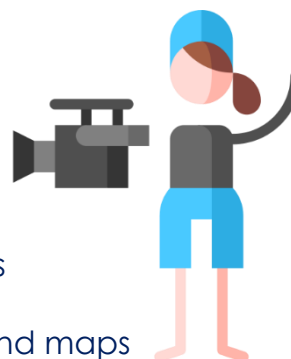
INTRAPERSONAL – Self Smart

- ✓ Understand own feelings and motivations
- ✓ Know what you enjoy and do best in
- ✓ Self-reflection
- ✓ Awareness of personal values
- ✓ Meditation and daydreaming
- ✓ Recognise own strengths and areas of development
- ✓ Learns well by reflecting on experiences and setting personal goals



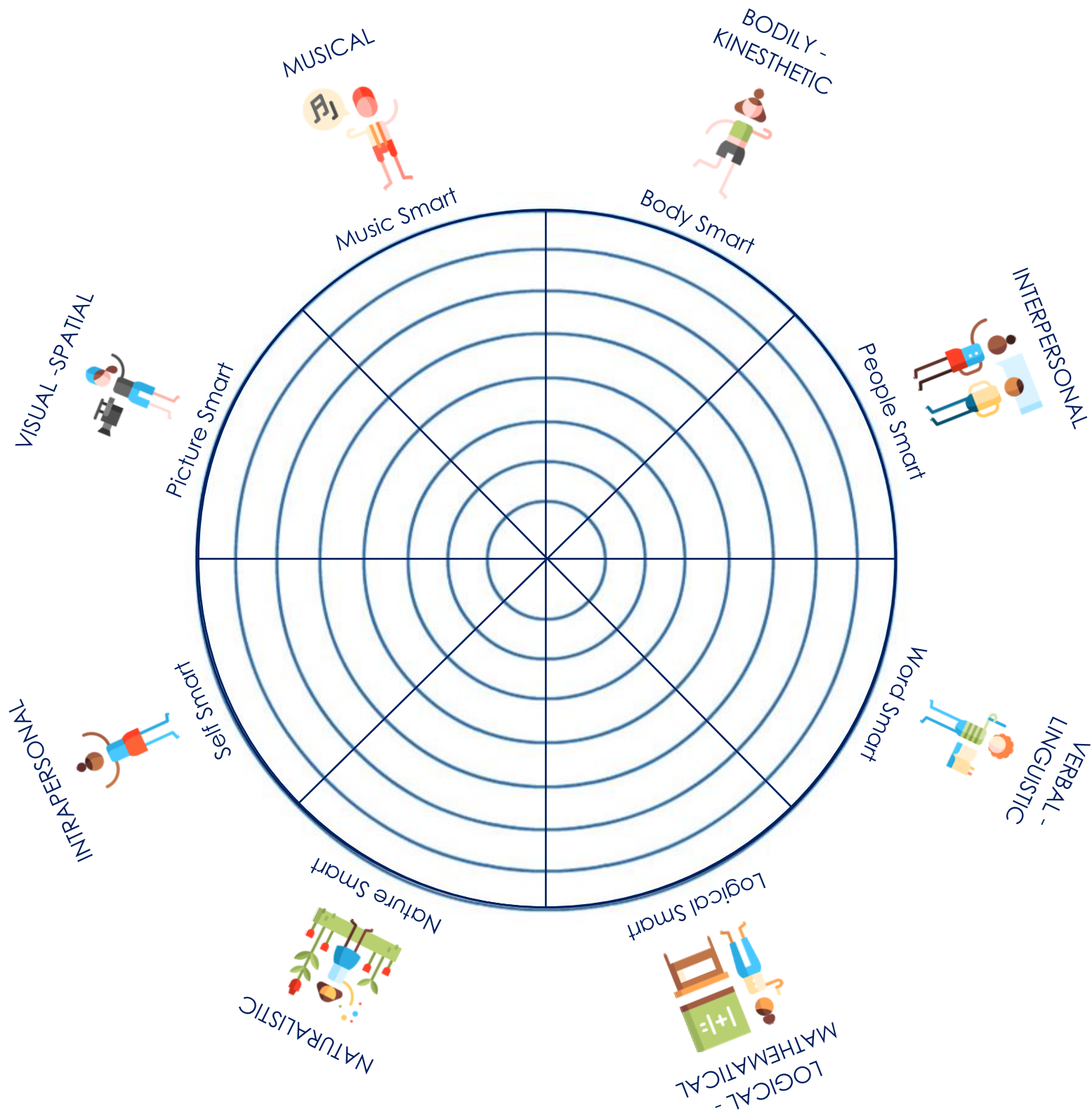
VISUAL / SPATIAL – Picture Smart

- ✓ Imagination
- ✓ Visualise things
- ✓ Spatial awareness
- ✓ Interpret pictures, graphs, and charts well
- ✓ Enjoy drawing, painting, and the visual arts
- ✓ Recognise patterns
- ✓ Learn well by looking at pictures, charts, and maps



My multiple intelligence wheel

Developed by Dr Howard Gardner



1. Read the descriptions of all 8 types of intelligence
2. Think about how similar you are to each one
3. Colour in your wheel by shading in different amounts of each segment depending on how similar you are to each intelligence type